

Mud Volleyball Tournament Preparation

Suggested Supplies for each team *(to be provided by team)*

- All players must wear shoes *(preferably cleats/No Metal)*
- Water bucket and sponges *(to rinse face and eyes during match)*
- Dry towels
- Spray bottle
- Duct Tape *(to help secure shoes, shorts and sports bras)*
- Several pairs of Safety or Sunglasses *(to help keep mud out of eyes)*
- Bottles of water or Water jug
- A corner man/bucket runner *(someone available to clean glasses and have sponges and water bucket ready during matches)*